|  |  |  |
| --- | --- | --- |
|

|  |  |
| --- | --- |
|

|  |
| --- |
| Email  Description automatically generated with medium confidence |

 |

 |
|

|  |  |
| --- | --- |
|

|  |
| --- |
|  |

 |

|  |  |
| --- | --- |
|

|  |
| --- |
|  |

 |

|  |  |
| --- | --- |
|

|  |
| --- |
|  |

 |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|

|  |  |  |
| --- | --- | --- |
|

|  |
| --- |
| **SOUTH HAMS COMMUNITY AND VOLUNTARY SERVICE NEWSLETTER - JULY 2022****SOUTH HAMS UKRANIAN SUPPORT\*** |
|   |

**UP AND COMING EVENTS – AUGUST 2022** |
| **21st August**Celebrate Ukrainian Culture  - Dartmoor Edge Creative Café**24th August**Ukrainian Independence Day - Ivybridge Library and The Bridge Café Ivybridge Learn how to make Ukrainian Folk art, make a traditional flower headdress, learn about and try some Ukrainian food, listen and sing some folk songs. If you’d like to get involved, share some skills or culture, or attend please contact**connector@southhamscvs.org.uk**  |

**NATIONAL NEWS AND SUPPORT** |
| **Barnado’s Free Ukranian**[Support Helpline](https://southhamscvs.us12.list-manage.com/track/click?u=f42d63a0ea6b559c7c1f1b158&id=79dadfae12&e=cc5d498c20)**with translators**.  **Call their free helpline on: 0800 148 8586**What is available – Counselling/Therapy with a qualified psychotherapist. Advice on a range of issues e.g., housing, accessing key health services, education, employment **(but cannot provide support regarding moving hosts)**. Practical support e.g. access to digital devices to ensure families stay connected to loved ones during this worrying time, as well as stimulating toys for children, vital baby items and more (subject to demand) If you are a charity in the South West you may be able to register with **VODAFONE** – to be able to distribute **free sim cards** to reduce digital exclusion - each loaded with 20GB data a month for **six months**, plus unlimited calls and texts **Three** network are able to supply free sim cards to Ukrainian Refugees for 30-day Pay As You Go (PAYG) SIM card that comes preloaded with unlimited domestic calls, texts and mobile broadband data. If a host has a **National Trust** membership, then they will offer the Ukrainian family saying with that host a free 6 month National Trust membership.  The member has to email Jenny at their Supporter Services Team and provide the names and DOB of their Ukrainian guests, plus cite their own membership number. The guests will be issued with their own membership card (which can be used independently of the host). Email: enquiries@nationaltrust.org.uk

|  |
| --- |
| **GENERAL LOCAL SOUTH HAMS NEWS** |
| **Citizens Advice Bureau (CAB) offer -**Support around benefits, work, energy use, debt and money, immigration, consumer rights, housing, family issues, law and courts, problems with healthcareSupport from Marianne Hendrix and/or Loraine Engstrom (Tuesday, Wednesday and Thursday’s)Dedicated phone number 01803 659 744 and email ukrainiansupport@southhamcab.org.ukAccess to interpreters if/when neededProfessional referral for refugees via the normal routeSouth Ham Advice Line 10-4 Mon-Fri  0808 278 7948 **HOMESTART offer-**Reducing parental conflictBringing up Baby – text catch up for mums/dads with a new baby under 12 monthsMellow Mums – Digital coffee mornings for mums with children under 21:1 volunteer support – digital, home and community basedOwn my life – 12 week programme to support women who have experienced domestic abuseContact: homestart.shpt@gmail.com for further information**EARLY YEARS FUNDING FOR UKRAINIAN REFUGEES**Early years funding for Ukrainian Refugees is available for 3-4 years old, as soon as the child turns 3. This if for 30 hours a week (extended entitlement) via HMRC in the usual wayApplications for 2 year old funding via the Citizen’s Portal can be made and are agreed on an individual basis as there are eligibility criteria. Please visit: [Citizen Portal - Sign in (devon.gov.uk)](https://southhamscvs.us12.list-manage.com/track/click?u=f42d63a0ea6b559c7c1f1b158&id=d27ea62441&e=cc5d498c20)  **HAF (HOLIDAY ACTIVITIES AND FOOD PROGRAMME) FUNDING FOR 4 HOURS A DAY FOR UP TO 16 DAYS INCLUDING A HOTMEAL – FOR CHILDREN**For Children aged 4-16 operating between 12-4pm across the summer holidaysAcross all areas, booking essential [link](https://southhamscvs.us12.list-manage.com/track/click?u=f42d63a0ea6b559c7c1f1b158&id=9196bfc372&e=cc5d498c20) More information can be found on the [facebook](https://southhamscvs.us12.list-manage.com/track/click?u=f42d63a0ea6b559c7c1f1b158&id=a87c4eccab&e=cc5d498c20)[page.](https://southhamscvs.us12.list-manage.com/track/click?u=f42d63a0ea6b559c7c1f1b158&id=f72099ef2d&e=cc5d498c20) **INFORMATION OF SUPPORT IN SOUTH HAMS VIA DEVON COUNTY COUNCIL**[https://www.devon.gov.uk/supporting-ukraine/](https://southhamscvs.us12.list-manage.com/track/click?u=f42d63a0ea6b559c7c1f1b158&id=179777c818&e=cc5d498c20)[https://www.devon.gov.uk/supporting-ukraine/support-groups-in-devon/](https://southhamscvs.us12.list-manage.com/track/click?u=f42d63a0ea6b559c7c1f1b158&id=fffa72e7d0&e=cc5d498c20)[https://southhams.gov.uk/stand-with-ukraine](https://southhamscvs.us12.list-manage.com/track/click?u=f42d63a0ea6b559c7c1f1b158&id=b5c948012e&e=cc5d498c20)**INTRODUCING TATIANA LYTVYNENKOHome for Ukraine Project Support Officer**For help and advice (in English and Ukrainian), please go to [website](https://southhamscvs.us12.list-manage.com/track/click?u=f42d63a0ea6b559c7c1f1b158&id=516efce7b1&e=cc5d498c20) to email Tatiana directly

|  |
| --- |
| **DARTMOUTH AREA NEWS** |
| **Dartmouth Fusion Leisure Centre** – offering full membership for gym and swim for 6 months to Ukrainian refugees. Ask in the centre.  Also offering 'Free Summer Fun Thursdays' from 28 July - 1st September.**Citizens Advice** – Benefit Checks and Applications , Debt and Housing Advice . They can be seen at Dartmouth Community Café every Monday 10am-1.30pmTelephone 08082787948 Email : reception@southhamscab.org.uk.   Dartmouth Community Corner, Market Square, TQ6 9SE **Guinness Partnership** – Call the Guinness Customer Service Team 03031231890 or email customerservice@guinness.org.uk  if you are struggling to pay rent they may have help to support you. **Live West Housing** can support you to claim and access benefit. If you need any help call 0300 123 8080 or contact Charlotte Holdsworth Charlotte.Holdsworth@livewest.co.uk **Health Watch** – The champions for Health and Social Care services across Devon. Allowing people to have their say about the quality of services (both positive and negative) feeding these views back to managers and commissioners. [Website](https://southhamscvs.us12.list-manage.com/track/click?u=f42d63a0ea6b559c7c1f1b158&id=1b7c388b77&e=cc5d498c20) **Dartmouth Outdoor Pool** is a charity, with community at its core. The swimming pool is a 25 metre by 8.5 metre outdoor pool and is heated to 28 degrees. It is open from April to September and is staffed by fully qualified  lifeguards  who are there to ensure that everyone has a good time. Booking is essential /any questions call 07706730947 [w](https://southhamscvs.us12.list-manage.com/track/click?u=f42d63a0ea6b559c7c1f1b158&id=a3b585969e&e=cc5d498c20)[ebsite](https://southhamscvs.us12.list-manage.com/track/click?u=f42d63a0ea6b559c7c1f1b158&id=e3fa3e17be&e=cc5d498c20)Please feel free to contact Sarah Dorsett TQ6 Community Partnership Coordinator 07823322083  |

|  |
| --- |
| **IVYBRIDGE AREA NEWS** |
| **Social Drop in Café**– Wednesday 1.30-2.30pm (free tea and coffee) – The Bridge Café, Ivybridge (next to the Leisure Centre) supported by So Social, Ivybridge. Contact sosocialivybridge@gmail.com. **English Lessons**– Ivybridge Council Offices - Monday and Friday 6-7.30pm. Beginners, Intermediate and Advanced. For adults and children.  Contact:  Jane\_rea@live.co.uk  **Ivybridge Fusion Leisure Centre** – offering full membership for gym and swim for 6 months to Ukrainian refugees. Ask in the centre. **Ukrainian Social and creative café** Starting August 6th 10 am 1st Saturday of month (followed by Art Playground ) and 13th Aug (2nd Saturday of the month) at The Clay Factory, near Ivybridge, Redlake Trading Estate, Ivybridge PL21 0EZ**Ukrainian Host Support Session.**Friday 12th August, 10-12 noonVenue: Devon Family Hub, 61 Fore Street Ivybridge(Upstairs) This is an opportunity for hosts to get together to discuss issues arising from hosting refugees and to provide mutual support.  The session will be led by Jess who is a clinical psychologist. Topics for discussion may include expectations vs reality; supporting traumatised children; the impact on your family; supporting refugees to move on; YOUR issue; and the positives!Space is limited so booking is essential.  Please do not bring children as Jess wants adults to be able to speak freely. Refreshments will be provided.  To book your place email:  jane\_rea@live.co.uk [Facebook](https://southhamscvs.us12.list-manage.com/track/click?u=f42d63a0ea6b559c7c1f1b158&id=eb1812031e&e=cc5d498c20) – Ivybridge and Surrounding villages Ukranian Community Help Page |

|  |
| --- |
| **KINGSBRIDGE AREA NEWS** |
| **Compassionate Café,**welcoming adult Ukrainian Refugees at Harbour House Café, Saturdays 2nd and 4th in the month (not during August). Please contact Linda Christian on 07517 019131 before attending                       **Kingsbridge Library** welcomes adult and children Ukrainian Refugees for Bounce and Rhyme, Stay and Play, Little Stars, baby weigh in, using the computers, free wi-fi, access to printing and copying, free monthly legal clinic, books in Ukrainian are available                                                                                                                                **Beginners English Lessons**taking place at Age Concern, Ilbert Road  on Mondays starting at 6pm. Laptops will be needed for the programme used to teach English. If laptops are required, please discuss at the English Lesson. Kingsbridge **Fusion Leisure Centre**– offering full membership for gym and swim for 6 months to Ukrainian refugees. Ask in the centre. **Walking Tennis** available for free with tea/coffee afterwards, at Tumbly Hill Day Centre – Wednesday’s – 11-12.30. Contact verityrobinson5@gmail.com for further information. Kingsbridge have a Whats App group for hosts. Please contact amanda@southhamscvs.org.uk for further information |

|  |
| --- |
| **TOTNES NEWS** |
| **Food Boxes**are available from [Food in Community](https://southhamscvs.us12.list-manage.com/track/click?u=f42d63a0ea6b559c7c1f1b158&id=cd544e1311&e=cc5d498c20) - referral required.Food boxes including sanitary goods, toilet rolls and cleaning products available from Totnes Foodbank  to Ukrainian refugees in the TQ9 area – referral required **St John’s Community Café** in Bridgetown Totnes is offering tea/coffee and their groups (Knit and Natter and Mindful Making) on a Wednesday 10-12 to Ukrainian refugees**Rainbow Nursery**at The Mansion, may have places available for under 5’s Ukrainian refugees, please contact Deborah Oaky (Manager) 01803 864737       **Hello Summer Bridgetown Totnes**. Starting July 2022 across the summer holidays – Monday’s to Thursday’s 26th 4 days a week. St John’s Church of England primary school. Free summer activities for children across the summer period. Free hot lunch between 12.15-12.45. Age 3-16. Children under 10 must be accompanied by an adult. Contact hello@bebuckfastleigh.co.uk and register on Eventbrite ‘Hello Summer Bridgetown Totnes’.More information can be found on the [facebook](https://southhamscvs.us12.list-manage.com/track/click?u=f42d63a0ea6b559c7c1f1b158&id=a576ce81b7&e=cc5d498c20" \t "_blank) page.Those wanting to attend either the booked events or drop ins must also sign up for BeBuckfastleigh membership either before attending (ideally) or at the [event](https://southhamscvs.us12.list-manage.com/track/click?u=f42d63a0ea6b559c7c1f1b158&id=89010aaa0a&e=cc5d498c20).  Please note that BeBuckfastleigh will be offering adult activities from September 2022.Totnes **Fusion Leisure Centre** – offering full membership for gym and swim for 6 months to Ukrainian refugees**Totnes Festival of Arts and Culture** - 15 - 24th August.Looking for volunteers.  This is a chance to get real hands-on experience working behind the scenes, having fun, meeting new people and helping to put on the first festival of its kind locally! There will be various roles available taking place at different venues throughout the 10 days of the festival. To get involved simply fill out the [volunteer form](https://southhamscvs.us12.list-manage.com/track/click?u=f42d63a0ea6b559c7c1f1b158&id=a25a4d53af&e=cc5d498c20)  |

|  |
| --- |
| **OTHER AREA NEWS** |
| SOUTH BRENT – English Lessons available at South Brent Community Centre Monday and Wednesday - 4.30-6pm SOUTH BRENT AND ASHBURTON - Food Boxes are available from Food in Community available from [foodincommunity](https://southhamscvs.us12.list-manage.com/track/click?u=f42d63a0ea6b559c7c1f1b158&id=0144301773&e=cc5d498c20)- referral required ASHBURTON -  [Arts Centre](https://southhamscvs.us12.list-manage.com/track/click?u=f42d63a0ea6b559c7c1f1b158&id=00c078d46d&e=cc5d498c20) is hosting English lessons for teenagers to adults – Monday’s 6-8pm. Contact leahvarnell@gmail.com ASHBURTON – British Royal Legion Hut, Blogishay Lane - Social Hub Coffee Morning with access to free refreshments, sim cards, computer access and a welcome meal. Wednesday’s 10am-12pm. Contact info@ashburtonsafehaven.gmail.com ASHBURTON – Computer access via 2 PC’s at Ashburton Library during opening hours. Free laptops/PC may be available if needed via Sean Wilson, Ashburton Portreave. Please contact info@ashburtonsafehaven.gmail.comFacebook – Ashburton Refugee Support Network |

|  |  |
| --- | --- |
|

|  |
| --- |
| **EMPLOYMENT OPPORTUNITIES FOR UKRIANIAN REFUGEES** |

 |
| **Jobs Fair Ivybridge**Wednesday 27th July 5.30 - 8.00pmThe Bridge Community Cafe[F](https://southhamscvs.us12.list-manage.com/track/click?u=f42d63a0ea6b559c7c1f1b158&id=59ebae3c19&e=cc5d498c20)[urther details](https://southhamscvs.us12.list-manage.com/track/click?u=f42d63a0ea6b559c7c1f1b158&id=026a66e51c&e=cc5d498c20) Pebbles is a leading property management company in Devon, who are currently looking for a gardener and housekeeper and some sessional cleaners for holiday properties. Transport is available to and from areas of work.[https://www.pebblesofsalcombe.co.uk/contact-us](https://southhamscvs.us12.list-manage.com/track/click?u=f42d63a0ea6b559c7c1f1b158&id=c14869f0a7&e=cc5d498c20) [https://www.facebook.com/PebblesTeamSalcombe](https://southhamscvs.us12.list-manage.com/track/click?u=f42d63a0ea6b559c7c1f1b158&id=f4319f3435&e=cc5d498c20)  |

 |

 |

 |

 |

|  |  |
| --- | --- |
|

|  |
| --- |
|  |

 |

|  |  |
| --- | --- |
|

|  |
| --- |
| **\*If any of this information is incorrect, please contact**admin@southhamscvs.org.uk**or**amanda@southhamscvs.org.uk**and a correction will be printed in the next newsletterIf information about your offer is not included in this email please also contact us and this too will be added in the next newsletter.If any details are incorrect or you wish us to add a recipient, please email:**admin@southhamscvs.org.uk**.** |

 |

  |